



NORDIC  
YOUNG  
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PRACTITIONERS



## **Annual Report from the chairs of NYGP 2020**

### **Executive Board Members 2020**

Denmark: Anne Mette Torp, Simon Glerup

Finland: Annika Kolster, Kati Lempinen

Iceland: Tinna Karen Árnadóttir, Berglind Gunnarsdóttir

Sweden: Nadia Kahtan, Linn Ekström Feyzi

Norway - chairmanship: Ingvild Vatten Alsnes, Katrina Tibballs

The NYGP has held an Annual meeting and four Executive Board meetings in 2020. So far, in 2021 we have held two meetings. Due to the corona virus pandemic, all meetings have been digital. The NCGP congress and pre-congress have been postponed till June 2022, so preparations for the pre-congress have been put on hold during 2020.

### **NFGP Annual General Assembly March 27 2020**

The Norwegian NYGP Chairmanship participated and presented it's annual report and budget at this digital assembly.

### **Digital Executive Board Meetings**

All the board meetings have been focused on developing a statement on specialist training in the Nordic countries. The introduction to the statement is included here and the whole statement can be found on the NCGP website: [https://www.nfgp.org/flx/nfgp/nygp/nygp\\_statements/](https://www.nfgp.org/flx/nfgp/nygp/nygp_statements/)

‘This statement is the product of several meetings in the NYGP Executive Board through 2020 and early 2021 where we have taught each other about the GP training programs in the Nordic countries and the successes and challenges in each country. Based on this knowledge, we have discussed and concluded on what is most important to ensure relevant and high quality training. Our aim is that each of the countries can learn from the positive and negative experiences of the others. We believe the perspective of GP trainees and young GPs is essential in the development of high quality training. We know the current systems from the inside, which elements work well and where there is need for improvement. The training programs in the Nordic countries are different and have developed according to local needs and traditions. We appreciate this variation and it is not our aim that they become identical. However, we believe that all the countries should have the same high standards and some common key requirements. The Nordic countries have a proud tradition of a strong and central role for the general practitioner in our health systems. The way we train our young GPs defines how this tradition is brought into the future.’



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The statement has been presented to the NFGP chairman and passed on to the Nordic Specialist training committee. It has been published on the NFGP website and on the NYGP Facebook group. It will further be presented in relevant national fora over the next months and we plan to present and discuss it at the Nordic Leader Seminar in Oslo in August 2021.

In addition, we have focused on our Facebook group (NYGP – Nordic Young General Practitioners) inviting new members to and posting relevant material for information and discussion. The development of the Facebook group is ongoing. We have also discussed other platforms for communicating with GP trainees and young GPs in the Nordic countries, but so far, we have chosen to concentrate on the Facebook group. NYGP also has its own webpages on the NFGP website.

### **Preparations for the Pre-congress Stavanger 2022**

The preparations for the next pre-congress in Stavanger commenced during the NCGP in Aalborg. Due to the postponement of the NCGP in Stavanger to June 2022, no further work has been done in 2020. The plan to develop a program in cooperation with the Norwegian Centre for quality improvement in GP centres (SKIL) will be followed when the preparations are recommenced during 2021.

### **Funding**

NYGP was allocated 60 000 DKK from NFGP for 2020. As all Executive Board meetings have been digital and pre-congress preparations have been postponed to 2021/22, NYGP has not had any expenses during 2020. During 2021 we hope for the opportunity to meet in person at an Executive Board meeting and to participate at the Nordic Leader Seminar in Oslo in August (postponed from 2020), if the pandemic situation allows. We will also recommence pre-congress preparations, and all these activities will incur costs as were budgeted for 2020.

21<sup>st</sup> April 2021

On behalf of the NYGP and the chairmanship

Katrina Tibballs