



Minutes - Meeting of the Executive Board with observers Friday 8 April 2022 - 09.00-11.00

Venue: [Scandic Palace Hotel](#), Rådhuspladsen 57, 1550 København V

Participants:

The Executive Board: Johann Sigurdsson, Louise Hørslev, Juha Auvinen, Magnus Isacson, Bolette Gerd Friderichsen, Marte Kvittum Tangen, Sanne Bernard (secretary)

Observers:

- Editor-in-chief: Helena Liira
- Chair of the Congress Committee, Olav Thorsen
- Chair of the working group of specialist training: Roar Maagaard
- President of Wonca World: Anna Stavdal
- Nordic Young General Practitioners/NYGP): Katrina Tibballs & Ingvild Vatten Alsnes (chairs of NYGP)

Not able to attend: Margrét Ólafía Tómasdóttir

AGENDA

1. Election of chair of the meeting

Louise Hørslev was appointed chair of the meeting.

2. Appointment of person to take minutes of the meeting

Sanne Bernard was appointed to take the minutes.

3. Approval of the agenda

The agenda was approved.

4. NFGP current matters. [See annual report from NFGP chair here](#)

The chair's annual report was introduced and discussed. The activities taken by NFGP have been taken according to the Mission of the Federation, but always within its financial capacity. The report was endorsed and approved.

5. Core values of Nordic General Practice and Nordic GPs (Johann Sigurdsson)

- a) Publications in SJPHC year 2020. 1.[here](#) and 2.[here](#)
- b) [Video on Core values](#) and principles, 2021
- c) National versions of CV & P , ([Norway](#), [Iceland](#), [Denmark](#), [Sweden](#), [Finland](#))

- d) Frontiers in Medicine 2021. [A Saga-In Progress](#)
- e) [Stavanger 2022](#): NYGP pre meeting, Plenary lectures, and workshop
- f) Wonca Europe 2021-22: statement? (council meeting) and workshop
- g) Wonca World 2021-23, Anna Stavdal president [Quo Vadis WONCA](#)

As shown in the agenda above, comprehensive work has been carried out regarding our core values and principles. We aim at having the five national versions of our Core values on our NFGP homepage. At present we will continue with the awareness process and the discussion on this theme within our Nordic and WONCA societies.

6. Update on the work with Scandinavian Journal of Primary Health Care and the situation regarding publisher (Helena Liira). [See annual report from SJPHC here](#)

SJPHC will turn 40 years old next year – shall we celebrate this next year, and if so - how? Helena and the editors will make a proposition and discuss it with the chairman and secretary.

The new contract with our publisher (T&F) is now in place.

SJPHC is our Nordic journal, and it is important that we receive good submissions. Most papers come from the Nordic countries, and SJPHC is a very important journal for our Nordic researchers.

The report was introduced and endorsed. NFGP thanks our Editor-in-Chief, Professor Helena Liira for her contribution to the journal and for her effort with the negotiation for a new contract with our publishers.

Helena has now been Editor-in-Chief for 7 years, and though she enjoys it, - she considers that it is time to hand over the position to a new Editor-in-Chief.

7. Update on International matters. Anna Stavdal, Wonca World, president, and Roar Maagaard on Wonca Europe matters, see YouTube [Quo Vadis WONCA](#)

Anna explained what WONCA World is working with currently. A lot of advocating for family medicine is done, with focus on how to use and implement our Core Values. At the WONCA world website you will find a monthly "newsletter from the president" with very relevant information.

WONCA World will have a hybrid council meeting in London 27 June, and WONCA Europe holds their council meeting in London on 28 June. An election for the executive board will take place, so it is important that all are present or gives proxy to Johann Sigurdsson or someone else of us who will be there.

8. Our [Vision and mission](#) from 2018 (What have we achieved and next steps)

As seen from the chair's annual reports last years the activities carried out by NFGP have been according to the Mission statement from 2018. The EB agrees that the Vision will endure, but Missions can vary. Revision of our mission has been discussed, and no changes are necessary at present.

**9. Involvement in the "Choosing Wisely campaign"
Follow up of the Nordic Leader Seminar discussion**

At the NFGP EB meeting Thursday, our Nordic chairs gave a short report on the activities going on in each of the Nordic Countries. There was a general understanding that this campaign is interlinked and closely related to "NFGP's Overdiagnosis & Overtreatment statement" as well as our "Core value statement". Of importance is however to note that this action refers to a broader group and the medical establishment as a whole. GPs/NFGP can be in frontline here.

Choosing wisely will be one of the topics we will work on in the years to come from various angles.

10. Update on the work with NYGP (Katrina Tibbals)

[See annual report from NYGP here.](#)

The main focus of NYGP has been on specialist training in the Nordic countries. The pre-congress in Stavanger is also an important task for NYGP.

The Finnish NYGP members, Annika Kolster and Kati Lempinen, will take over the chairmanship after the congress in Stavanger in June. Annika will be main responsible for NYGP, and Kati will be responsible for organizing the next pre-congress in Turku in 2024.

NYGP was very happy to participate in the NLS in Oslo last year.

The report was introduced and endorsed.

11. Specialist training in the Nordic countries (Roar Maagaard)

[See statement here.](#)
[See NYGP statement here](#)

There has been less activity during the pandemic, - but the working group will continue their work in Stavanger with both a workshop as part of the official program, and a meeting with the working group members only.

The NFGP board endorsed that the working group and NYGP continue their work.

12. Nordic congresses in the nearest future, [planning 10 years ahead](#)

The plan was introduced, discussed, and approved. SFAM is encouraged to decide about their hosting town 2026 as soon as possible. Uppsala is under consideration, but nothing is final yet.

13. Congress matters. NCGP in June 2022 to be discussed (Olav Thorsen)

At present there are around 800 registrations for the congress in June, and the organizers in Norway still hope for another 200 participants. The original budget for break-even was around 1300 participants, but changes have been made and now the number is down to around 900 paying participants for break-even.

Around 350 delegates are from DK, - a little less than 50 %. Around 200 persons from Norway have signed up, from Sweden around xxx, from Finland xxx and Iceland xxx.

If you have suggestions for tours to be arranged, please write an e-mail direct to Olav.

Suggestions from Norway:

- Should the NFGP EB consider if NFGP is willing to partly cover a deficit of a conference – e.g. 25%?
- WONCA Europe is using the same PCO for all WONCA Europe conferences, and the PCO “takes” both the surplus and the deficit for all arranged conferences. Could this be a “model” to be considered?
- Should NFGP consider a common website for the Nordic Congresses that can be reused?

The NFGP EB commented that the keynote speakers are very good.

NFGP thanks NFA, the organizers and the scientific committee for all the effort they have made arranging this conference, especially the tolerance and extra efforts made due to postponing the congress during the Covid-19 period. We are looking forward to the congress in Stavanger.

14. Guidelines – Hosting the Nordic congresses (see appendix 1 – forwarded by e-mail)

The draft has now been introduced and discussed within the NCC. The assembly made a minor change (deleting the text in yellow, which will be taken up for discussion later). The guidelines were approved.

15. [Terms and conditions for Nordic Leader Seminar](#)

The general guidelines regarding our NLS were revised after our last meeting in Soria Moria/Oslo 2021. The present draft has been introduced within NFGP and our unions. NFGP approves this draft. Final decision and agreement will however be made at our upcoming NLS in Finland 2023. Notes from our last NLS (below) can serve as guidelines for further arrangements.

For future Nordic Leader seminars it is suggested:

- It is important to follow-up on discussions and decisions after the seminar (good minutes from the meeting is therefore important).
- We agreed that the meetings should be a combination of knowledge, culture, and social interaction.
- Those who are responsible for the next NLS should thank the hosts and invite to the next meeting (preferably at the dinner-party).
- We agreed to break up the daily program with a bit of exercise.
- In the future, we may need to invest more in the decisions or conclusions in notes.

Terms are accepted by the NFGP board.

16. Update on pre-meeting in Stavanger prior to our next Nordic Leader Seminar in Finland (Juha Auvinen)

The pre-meeting will take place just before the opening ceremony in Stavanger. Most relevant persons should have received an invitation recently from Juha by e-mail (NYGP chairs will receive invitation to join the pre-meeting as well).

The Nordic Leader Seminar will take place in Helsinki, SYLY, and Juha proposes 23-26 August 2023. Juha will send an e-mail to the NFGP board asking everybody to coordinate with their unions.

17.If there are any matters to be discussed before the Annual General Assembly, they can be presented at this item.

Discussion of the congress in Finland in 2024.

18.Information of current matters (Johann Sigurdsson)

Actions to be taken regarding mission (special tasks connected with the WW presidency next years)

- 50 years anniversary - Department of General Practice, Bergen 21 April 2022/50 years anniversary of SFAM?
- NYGP Stavanger 20 June 2022
- Nordic Leader Seminar, pre-meeting, Stavanger 21 April 2022
- NCGP, Stavanger 21-23 June 2022
- Wonca World, council meeting (hybrid), London 27 June 2022
- Wonca Europe Council meeting in London 28 June, 2022
- Wonca Europe Congress in London 28 June to 1 July, 2022
- Wonca World EB (hybrid) meeting in Oslo 1-4 July 2022 – contribution and support by NFGP.

The chairman went through the upcoming events presented in the agenda above. To this list can be added important events year 2023, mentioned in the NFGPs chair report, i.e.:

- Wonca Europe Conference in Brussels, 6-10 June 2023
- POD (Preventing Overdiagnosis) conference, Copenhagen 14-16 August 2023
- Wonca World, Council meeting Sydney 18 October 2023, Wonca World Conference Sydney, 26-29 October 2023
- Nordic Leader Seminar in Finland 23-26 August 2023?

All these meetings are part of professional development of the GP/FM discipline and within the scope of the NFGP mission.

The national chairs are encouraged to participate in these meetings when appropriate and possible. Participation by the NFGP chair in all these meetings will be discussed within the board and planned within the financial range of NFGP. It is of importance for our Nordic countries to ensure that our voices will be heard and our votes used.

19.Presentation and discussion of the annual financial account (Louise Hørslev)

Louise Hørslev presented Martin Pedersen, our auditor from RI Revision. Martin went through the annual financial figures 2021. The reports were approved.

- Annual Financial Report 2021
- Audit Records 2021
- Internal Annual Financial Report 2021

20.Preparation of the discussion of the budget 2022 and 2023 (Louise Hørslev)

Martin went through the proposal for budget for 2022.

No comments or questions for the budget. The budget was approved.

21. Any other business

The host organizing committee in Finland strongly considers making a hybrid conference in 2024. What is the opinion from the NFGP executive board? NFGPs chair pointed out that the mandate hosting the congress has been given to the Finnish College (SYLY), which is thus responsible for the content and financial outcome of the congress: The host country has, as agreed upon, to follow the general guidelines for hosting the congress.

Almost all present persons prefer a pure physical congress (except one who stated that the climate also needed to be taken into consideration), as it is very important to meet and build new relations.

The experiences from Abu Dhabi and Amsterdam (pure digital conference) were not very inspiring. London Wonca World council meeting will be a hybrid (let us see how this works). In Norway they have experience with hybrid lectures, and the result has been that the persons attending physically experienced a very poor quality.

The NFGP Board is not keen on the idea of a hybrid conference but as mentioned above the mandate is within the Finnish College EB (Juha chair) to take the final decision.

a) Round the table report

At the informal NFGP meeting, yesterday, Thursday 7 April the national chairs reported on the main topics each college was dealing with last year, and the present challenges ahead. As generally understood, the present situation in the world matters and affects our practices, colleagues and colleges. The main national and international crises last years have been the fugitive wave from Far East 2016 to present, the Covid waves from 2019 to present, and the last one is the war in Ukraine 2022 followed by a fugitive wave to the Nordic countries as other places in Europe. This includes holistic approach to a variety of problems i.e. (different opinions on Covid vaccinations, general status of vaccinated people (fugitives), bacterial resistances (SARS). Prevalence of infectious diseases (including Tbc, HIV, etc.), mental health, women's and children's health in general, social support etc.