



## Minutes from NYGP Executive Board Meeting and Annual General Meeting

Online meeting 26<sup>th</sup> March 2020

Present: Annika, Nadia, Ingvild, Anne Mette, Linn, Kati

Guest: NFGP Chairman Johann Sigurdsson

Minutes taken by Katrina Tibballs

1. Election of a meeting leader: Katrina Tibballs

2. Election of a minute writer: Katrina Tibballs

3. Approval of the agenda

Katrina had suggested some amendments: Removing the point on specialist training and adding some points under 'Other'. We agreed to make a plan for further work on specialist training, but not discuss in depth at this meeting. The agenda was approved.

4. Presentation of all board members and update from each country. The two Swedish members were new to NYGP, the organization and each of the participants were presented. We also shared some brief remarks on the Covid-19 situation in our areas and workplaces.

5. Chairmanship's report on the activities and fundings in the past year  
There were no comments to the annual report.

6. Budget for 2020

The chairmanship had made attempts to set up a budget but were struggling due to mixed messages on what type of activities are approved for financing over the NYGP budget. The budget allocated by the NFGP has been 50 000 DKK over the last two years. We have spent only a small part of this on board meeting activities. However, we have struggled to find funding for pre-congress preparation meetings and these have not generally been approved for financing over the NYGP budget. We discussed this with Johann Sigurdsson, and he was unaware of this limitation. His impression was that the approval from the NFGP was to ensure that the money is not spent on irrelevant recreational activities. Anne Mette is a new member on our board and was leader of the organizing committee for the pre-congress in Aalborg. She described the struggles they had faced to finance their preparation meetings. They had received a small amount from their national young GP organization, FYAM. We must be aware, however, that Denmark is the only Nordic country with such an organization. No Icelandic representatives were present, so we did not get an account of the pre-congress funding in 2017.

The NYGP Board has so far been expected to gain funding for travel expenses to board meetings from their national colleges. We discussed this and considered it likely that this is feasible for all delegates. We also agreed that distinction between what is funded over the NYGP budget and what is covered by national colleges should be equivalent to the arrangements for the NFGP board.



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Another complication now is the uncertainty around hotel costs for the meeting in Copenhagen, cancelled due to Covid-19. We have been informed that the costs will be drawn from the NYGP budget. The original budget for this meeting was approximately 30 000 DKK.

The board concluded on suggesting the following budget to be presented to the NFGP Board at their meeting on the 27<sup>th</sup> of March:

NYGP and NFGP Annual meetings Copenhagen March 2020 – cancelled	30 000 DKK
NYGP Board meeting Oslo August 2020	20 000 DKK
Pre-congress preparation meetings	10 000 DKK
Total	60 000 DKK

This is 10 000 DKK more than has been allocated the last two years. However, the cost of board meetings will increase substantially. Previously, only a meal has been covered by the NYGP budget, but now we are also budgeting for accommodation and meeting room. We also suggest that 10 000 DKK be allowed to finance pre-congress preparation meetings.

7. Suggested by-law amendments

All the suggested by-law amendments were approved. Revised by-laws will be submitted for publication on the NFGP website.

8. Topics for upcoming seminars

We are not planning any seminars other than the pre-congress.

9. Pre-Congress – orientation about pre-congress preparations from the chairmanship.

Ingvild gave us an orientation on the plans for the pre-congress in Stavanger June 15-16, 2021. We are collaborating with the Norwegian quality improvement organization, SKIL and their leader, Nicolas Øyane on a quality improvement workshop. It will most likely include a digital course to be completed in advance. To attract Norwegian participants, who have previously had low attendance, we will ensure that the course is designed as an ‘emnekurs’, which is approved as part of the specialist training. Sweden has also had very low attendance. The Swedish requirements for approval towards specialization will be passed on to the Norwegian chairmanship, so the pre-congress can be designed to meet these requirements as well. This is not relevant for Denmark or Finland. We will ask the Icelandic board members whether they have any such requirements.

We also touched on the need for future pre-congresses to be more closely connected with the main congress committee. Ingvild is on the scientific committee for the main congress and in contact with main congress committee leader Olav Thorsen. She will bring it up with him and further with leader of the Norwegian College board, Marte Kvittum Tangen.

10. Discussion about the role of the Executive Board in preparation for the next pre-congress and marketing in each country.

The only requirement of the NYGP board members in preparation for the next pre-congress is to market through their national channels when material is provided by the Chairmanship/pre-congress HOC at a later stage. The Chairmanship will prepare the pre-congress with its collaborators.



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#### 11. Specialist training in the Nordic countries

This topic was not prepared for this meeting as Katrina decided in advance that the Covid-19 crisis gave cause to postpone this work. However, the board members wish to embark on this work now. We agreed on the following plan:

- a. Katrina distributes the material from The Nordic Specialist Training Committee on Google Drive, together with the previously made descriptions of specialist training in Norway, Iceland and Finland.
- b. The Danish and Swedish board members write a summary page in English, describing their specialist training program. Katrina will write an updated version for Norway, as the Norwegian program was changed in 2019.
- c. All countries make 2-3 bullet points on what are the best elements in their training programs that are worth keeping and exporting. The same is done for elements that are challenging and should be removed or changed. The process towards making this list is determined by each country separately.
- d. Our aim is to make a common description of the ideal training program for the Nordic countries, from the young doctors' perspective. To move forward with this, we plan to have a one hour Zoom meeting in late May. We wish to have a completed document to present to the NFGP and The Specialist Training Committee by the Annual meeting in March/April 2021.

#### 12. Strategies for reaching out to other doctors in our countries: Social media – Facebook.

NYGP has had a Facebook group since 2017, NYGP – Nordic Young General Practitioners. It currently has 264 members. This group has been largely inactive over the last couple of years. We wish to reactivate this existing platform. Ingvild is working on the Norwegian GP group for Covid-19 and has a lot of material from this work that she wishes to share with Nordic colleagues. The other board members also commit to contribute with relevant material for young GPs from their countries. We will also all invite our young GP contacts to join the group. The whole NYGP board will take the role of moderators of the group.

#### 13. Nordic Leader Seminar (NLS) Oslo 27-29th August 2020

Providing the Covid-19 crisis allows, the Nordic Leader Seminar is the next potential opportunity for us to meet in person. It has been recommended from the pre-meeting in Aalborg in June 2019 that more young GPs are recruited to this meeting. We suggest that at least one of the NYGP board members from each country are represented in their national delegations.

#### 14. Prepare presentation for NFGP General Assembly 27/3

Katrina will present NYGP's plans to the NFGP board meeting on March 27<sup>th</sup>. We agree that she will cover the following points:

- a. Our plans for work on an ideal specialist training model for the Nordic countries from the young GP perspective
- b. Our suggested budget and our suggestion for budget guidelines
- c. Our suggestion that one NYGP board member from each country is represented in their national Nordic Leader Seminar delegations
- d. Our plans for the pre-congress Stavanger 2021. The need for the pre-congress organizers to be more connected with the main congress committee, organizationally and financially.
- e. The relaunch of our Facebook group. The need to compare and share experiences on the handling of the Covid-19 crisis in primary care makes this an ideal time for this.



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## 15. Other

### a. Communication within the board.

- i. We agree that emails and sharing documents on Google Drive will be our main communication platform moving forward.
- ii. We also have a closed Facebook group exclusively to the Executive Board.
- iii. Nadia suggested a new Zoom meeting. We agreed that we will have an one hour Zoom-meeting one evening in late May to discuss and consolidate our work on specialist training.

### b. Next meeting

We discussed two options

- i. An Executive Board meeting in Oslo the day before or after the Nordic Leader Seminar. In line with our proposal, half of the NYGP Executive Board will hopefully be attending the NLS.
- ii. A meeting in Copenhagen in September. This will allow us to use the hotel rooms that are booked and paid for the cancelled meeting. At the same time this potentially involves two trips within a couple of weeks for half the board.

Nadia also suggested a third option of having a board meeting in Copenhagen later in the year. We decided to go for the Oslo option as plan A and Katrina will put this forward to the NFGP board tomorrow. We will ask our Danish colleagues whether they will be able to make use of the cancelled hotel booking in Copenhagen.

- c. NYGP website update: Katrina has made a suggestion for an update of the text about NYGP on the NFGP website. Anne Mette will write a short text about the pre-congress in Aalborg, and we will ask Berglind to do the same about the pre-congress in Reykjavik. We also need some pictures from these events!
- d. Annika suggested that each country's board members contribute with a short description of which organizational structures are in place for young GPs in their countries. Organizations/groups within the colleges? Unions? Other? We will make a folder for this in our Google Drive.