

# Extra meeting of the NFGP Executive board at

## Soria Moria, 25 August 2021, 13.30- 15.30

### minutes

#### Participants:

Johann Sigurdsson, Marte Kvittum, Juha Auvinen, Roar Maagaard, Linn Ekström, Salome Arnardottir, Katrina Tibballs, Anna Stavdal, Louise Hørslev and Sanne Bernard.

Magnus Isacson participated online

Short introduction round and welcome – and VERY nice with a physical meeting finally 😊

#### **1. Our Congresses. Physical, virtual or hybrid (will also be discussed at our leader seminar)**

How will the future be – how do we wish to continue in these times of Covid-19, and after?

At this stage the plan for NCGP 2022 is to physical Nordic Congress. Everybody agreed that digital meetings and congresses are far from as fruitful as physical events. We therefore have no intentions of having pure virtual nor hybrid congresses, and the best-case scenario will be having physical meetings and events in the future.

We acknowledge that in the years to come it can be challenging when it comes to travelling all over the world, but it should be realistic to hold our Nordic congresses the “old fashioned” way, as the very main part of the delegates come from our Nordic countries (in Aalborg in 2019 only 3.44% of the participants came from outside the Nordic countries).

#### **2. Our Meetings. Physical, virtual and/or hybrid (prepare to “spy” at the WE in London in 2022)**

We must be prepared to have semi-hybrid meetings in the time to come – where some participants will not be able to travel, but we will continue aiming at having physical meetings and events.

#### **3. International activities (also to be discussed at our Leader seminar)**



## **WONCA World**

The upcoming council meeting by the end of November will be held as a pure virtual meeting.

The candidates for upcoming posts have just been announced (more information will follow soon).

1 person to be elected as “President elect” (4 candidates)

3 ordinary board members to be elected (8 candidates)

Anna explained her wish for having a “mixed” board to ensure all voices are heard.

**You are kindly asked to take part in the council meeting, raise your voice, ask questions and vote!**

## **WONCA Europe**

The situation is problematic and has been for the past two years, where we have lacked transparency and bylaws have not been followed as they should.

Shlomo Vinker has taken over from Mehmet Ungan this spring, and Thomas Freese has been elected as "president elect". Several countries – including NFGP – experience a lack of transparency in the election process in WE.

Roar is part of the WE Bylaws Committee, where Thomas Freese is chair. Roar informed that so far there has been a lack of communication between the WE EB and the Bylaws Committee.

An informal meeting will take place in November, but no decisions can be made here. A working group established at the WE Council meeting in Bratislava on European set of Core Values has sent its first draft to the WE EB. Roar Maagaard, Johann Sigurdsson and Anna Stavdal are our representatives in this group, and Anna is the chair. The draft for the European set of Core values will be presented at this meeting.

The voting for European Cores Values should be at a council meeting (NOT at an WE executive board meeting). We must defend democracy in the European organization!

It is important that the Nordic countries agree upon the direction we wish for WE. It is important that the federation has an opinion on this, Johann and Roar will work on a common letter from NFGP. We must support democratic rules and values! Questions from NFGP should be raised in writing to the **entire** council.

Johann will ask WE EB if he can become observer again in the WONCA Europe Council.

## **4. Actions taken to implement our earlier accepted statements,**

- a. Core Values and Principles



The Norwegian Core Values have 20 years anniversary this year. The Nordic Core Values were published in 2020, and the values have been subject for debate at several workshops, and they have been described in articles and at posters. We are now taking one step further by promoting our Nordic Core Values in our coming “Core Value-film”, which we hope will be used/shown at all relevant occasions.

Denmark already has 7 Danish values, Iceland has made their Icelandic version on the core values, Sweden has already made a Swedish version and Finland a Finnish version. However, launching/publishing has become a bit delayed due to many cancelled arrangements and with a demand for focus on Covid-19.

Actually, Norway has decided to make a new version of the Norwegian Core Values, but are awaiting the WONCA Europe version before moving further.

The work with Core Values is important on both European level as well as worldwide!

b. Overdiagnosis/overtreatment

Not much activity in the ReDD (Redefining Disease Definitions) working group (where Johann is participating) due to Covid-19.

c. Specialist education

[In 2020 a statement was made to secure the quality of training in family medicine/general practice.](#)

If not already done, we urge you to share this statement with relevant Health Authorities and Academic Units of General Practice/Family Medicine in your country.

NYGP has also made a statement paper regarding [“Recommendations from The Nordic Young GPs on GP specialist training in the Nordic countries”](#)

The situation with Covid-19 has made it difficult to continue the discussion, but maybe we should discuss a strategi for follow up.

d. Our SJPHC journal - new contract with publisher ahead

Helena Liira is still negotiating with our publisher. When the draft for contract with T&F is ready later this year, the NFGP board will have to decide if we can accept this new contract.

e. Honorary reception for our upcoming Wonca World President

NFGP had decided to support and participate in this event in in Abu Dhabi, year 2020, which unfortunately was cancelled. Now the ceremony will only be a virtual ceremony without reception, - the ceremony will take place in Brussel, only with a small group mostly with participation from the WONCA World secretariat. Reception/festivities must wait until later, but you are most welcome to join in Brussel.



The conference in London in 2022 will be the first live conference for two years – and it is important to support this event. NFGP could consider celebrating election of the WW president in London. Johann and Anna will discuss further.

f. Greetings to DSAM's 50 years anniversary

The date for the anniversary was actually last year, but celebrations have been postponed to 2021, where DSAM will celebrate at the annual DSAM meeting on 1 October and at "Lægedage" in Bella Center in November.

g. Other matters

At the next meeting in Copenhagen we are invited to the Icelandic Embassy on the 7<sup>th</sup> April – more information will follow.

NFGP wish to introduce a new tradition, thanking and celebrating those who are leaving us – this year Anders and Salome.

Digital consultations – how do we respond to this? How to prioritize?

Input from Marte – please see below link about the study that Marte referred to about digitalization.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7327596/>

"Results

*Digital-first approaches are likely to increase general practice workload unless they are shorter, and a higher proportion of patients are managed without a subsequent consultation than observed in most published studies. In our base-case scenarios (based on the best available evidence), **digital-first access models using online, telephone, or video consultations are likely to increase general practitioner workload by 25%, 3%, and 31%, respectively.** An important determinant of workload is whether the availability of digital-first approaches changes the demand for general practice consultations, but there is little robust evidence to answer this question.»*

**We should work together on this subject and prepare for a new common Nordic statement.**

How can we adapt the way we work with the Core Values? How can our Core Values help us to prioritize and guide us – also with this new digitalization trend?