



Aarhus, January 2023.

**A short report from 2022 – on the work in
“Nordic Specialist Training Committee in GP/FM – a committee under NFGP”.**

Members:

Elinborg Bardardottir, Iceland
Hans Høvik, Norway
Christina Vestlund, Sweden
Arja Helin-Salmivaraa, Finland
Katrina Tibballs, NYGP
Roar Maagaard, Denmark (chair)

Our working structure and intensity were in 2022 still influenced by Covid-19 – and so was specialist training for GP in the Nordic countries. Teaching had to be changed to online media – and to some extent clinical work in GP was also affected. Now this has hopefully come to an end – but there might be good lessons learnt from the Covid period, that can be used further on. On a European level the experiences in EURACT are that there are several lessons learnt that should be used further on.

The main topic has been a discussion on the NYGP statement:

Recommendations from The Nordic Young GPs on GP specialist training in the Nordic countries – see https://www.nfgp.org/flx/nfgp/nygp/nygp_statements/

Our internal discussion we took to a workshop at Nordic Congress in Stavanger in June 2022. I chaired the session, where we first heard Katrina Tibballs present the 15 very clear recommendations to the audience – and this gave a very good resonance in the audience! Afterwards there were “opponents” from representatives from Finland and Denmark. Sweden (by Gösta Eliasson) should also have presented, but due to illness this was not possible. Afterwards we had a very active discussion with the audience – and after closing also in the presenting group. Part of the session also became part of a podcast (in Danish). The ongoing discussion among GP teachers in the Nordic countries – and among organizers of this GP specialist training is:

- Do we wish to meet all the 15 recommendations given to us by NYGP?
- And to what extent do we already meet these 15 recommendations?



In the coming months I will try to get an overview of the last of these 2 questions – and put it in an Excel-like overview – a backbone for our further discussion.

Both present – and in the very near future - changes will be made to GP specialist training in more of our 5 countries, so it is still important to keep this committee under the NFGP umbrella, so each country can get inspiration and help for Nordic colleagues in the GP training field.

As there might be new NFGP challenges for me, I will suggest handing over the Danish representation to GP & Assoc. professor Joachim Frølund, who also is the Danish new EURACT Council member, so he has the international perspective.

Roar Maagaard, chair.