

Minutes NYGP annual meeting

23.3.23

Present:

- Annika Kolster – Chair of NYGP and in pregress committee
- Sofia Ericson: Stand in for Kati – in pregress committee
- Linn Ekström Sweden
- Nazila Mansimli Sweden
- Katrina Tibbals Norway
- Ingvild Vatten Alsnes Norway
- Sandra Ásgeirs Iceland
- Gisli Gunnar Iceland
- Anne Mette Denmark (taking minutes)

Online first half of meeting:

- Kati Lempinen maternity leave

What's on in each country

Finland: Election for parliament, hoping for more investment in General Practice. New organization system in health care from 01/2023, social and health care are to be more integrated and organized by bigger regions instead of municipalities. Big changes in HR system, the employer changed for most GPs, changing payment systems, electronic systems, email address etc. The organization of general practice remains the same (working in relatively big units)

Sweden: Basic training is being changed, hopefully for the better. But ongoing crisis in general practice.

Iceland: Agegap in general practice making lack of GP's in the next many years. Electronic communication platform has changed, patients can now contact their GP 24 hours a day. Government has prioritized easy access to general practice.

Norway: GP workload is big, long hours. The specialization program changed some years ago, how do we follow up the quality of the specialization program?

Denmark: New GP-specialization program, with reduction of hospital rotation from 2,5 years to 2 years.

Networks in the countries

Networks are presented for each country. A short description will be uploaded to google drive from each country, we aim to identify wellworking networks with praxis that can be influential to those countries with weak GP networks. As NYGP will a) distribute a wellbeing questionnaire and b) promote the Young doctors pre-congress and NCGP congress we want to identify these channels.

Iceland: Benefit of being a small community, distribution will be easy.

Sweden: Networks are tied to regions, both through employer networks and that of the college (SFAM <https://sfam.se/foreningen/lokalforeningar/>) ST-dagarna- specializing doctors' days : a good place to promote the pregress. Young doctors often experience the network through their supervisors / "studierektor" /fortbildningssamordnare and local networks.

Denmark: FYAM (Forum for Yngre Almenmedicinere <https://www.fyam.dk/>) will be the platform of distributing information and advertising for the pregress.

Finland: SYLY <https://www.syly.fi/> is trying to strengthen and build young GP networks, and NYGP representatives are involved. GPs meet at Yleislääkäripäivät in november and Kevätkoulutus in may.

Norway: Strategy for disseminating info on NYGP (and NCGP) is to be where it happens. FAA-grupper- GP networks working on specific topics, i.e. guidelines. Some responsibilities are chared by municipalities (county) and union. Munuicipalities and government organize own Q&A gettogether.

FYAM: Young GP s network in Denmark

Thomas B. Purup - Chair of FYAM presented the Danish system.

- An elected regional representation in the FYAM board assures that all parts of the country are represented. FYAM has 1500-1600 members, which is a good proportion of the future GPs. FYAM is a part of DSAM.
- FYAM organizes social events, takes part in recruitment and quality improvement. Campaigns on relevant topics, ongoing is the Specialist training in leadership
- The board meets online, but an important part is the yearly seminar, where much of the upcoming work is prepared.
- https://www.youtube.com/results?search_query=forum+for+yngre+almen+medicinere Hvem och hvad är FYAM?

Well-being questionnaire (Q)

Aim: To identify factors that promotes staying a GP.

Discussion on how big or small the Q should be. Too much data is not a problem – we don't have to analyze everything. The Q takes now 3-5 minutes to answer.

How to answer: We consider using a validated answer system. Prioritizing topics will be of benefit instead of answering "important to me" to all questions. A suggestion of making a list to prioritize 3 things: what is most important to you in the end of the questionnaire.

DSAM can help us set up the questionnaire

Timeline:

May 2023: Making a pilot: 10 answers from each country. In Sweden and Norway the second week of May there is a GP-get together

August: Presenting the pilot at the NLS

Autumn 2023: Distribute real questionnaire.

Target group: GP trainees and until 5 years after specialization. No conclusion on what to do if GPs more than 5 years after graduation choose to answer. Will they be allowed or should they be excluded?

Target journals: Scandinavian journal of general practice. Different national journals.

Distributing the questionnaire: Each country will be in charge of distributing the questionnaire in the ways possible.

Pre-congress

Planning of program and social events is ongoing, but not yet online. Aim of participants is 80 (-100). We will set up a participatory quote for each country to ensure an as equal participation as possible.

Advertising for the pre-congress is needed now to recruit participants.

Each country will use their networks.

Finland should make a graphical advertisement to be distributed, and send it out in the NYGP



Discussion on what to present at NFGP board meeting 24.3

We also made a podcast on young GP networks (Annika, Nazila and Sofia)

